

Airman 1st Class Isaac G. L. Freeman

Master Sgt. Solomon Porter receives guidance with his gas mask fitting from Senior Airman Drew Hall, readiness trainer, 31st Civil Engineer Squadron, on Aviano Air Base, Italy. As service members and civilians worldwide review emergency response procedures, experts stress education and preparedness as essential components of force protection.

# In emergencies, knowledge = survival

Regardless of one's access to emergency service providers or safety equipment, survival in a disaster is often contingent upon one's awareness, knowledge and readiness.

The U.S. government advises service members, civilians and family members to plan ahead for safety.

## In case of explosion:

- Take shelter against a desk or a sturdy table.
- Do not use elevators.

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- Check for fire and other hazards.
- Take an emergency supply kit if time allows.

#### *In case of fire:*

- Stay close to the ground if there is smoke.
- Use a wet cloth to cover your nose and mouth.
- Feel doors for heat before opening them ■ If the door is hot, do not open it. Find another exit.
- Do not use elevators.
- If you catch fire, do not run. Stop, drop and roll.
- Account for family members and supervise children.

Never go back into a burning building.

This information is provided by the U.S. Department of Homeland Security.

For additional preparedness tips: www.ready.gov

### If you are trapped in debris:

- If possible, use a flashlight to signal your location to rescuers.
- Avoid unnecessary movement so that you don't kick up dust.
- Cover your nose and mouth with anything you have on hand. (Dense-weave cotton material can act as a good filter. Try to breathe through the material.)
- Tap on a pipe or wall so that rescuers can hear where you are.
- If possible, use a whistle to signal rescuers.
- ■Shout only as a last resort. Shouting can cause a person to inhale dangerous amounts of dust.



The Citizen, March 25, 2003

Cmdr. Henry Babin, a reservist assigned to Headquarters, U.S. European Command, provides a fingerprint while registering for the new Installation Access Control System.

## IACS registration schedule

All U.S. identification cardholders and installation pass holders (and applicants) within the U.S. Army, Europe, area of responsibility must register for the new Installation Access Control System.

In Stuttgart, this registration will be conducted alphabetically (by last name) according to the following schedule:

#### Patch & Kelley Residents

S to Z: March 24 to 29

#### **RB Residents**

March 31 to April 5 A to I: J to R: April 7 to 12 S to Z: April 14 to 19

#### **Panzer Kaserne Residents**

April 21 to 26 A to I: April 28 to May 3 J to R: S to Z: May 5 to 10

### **Off-Post Residents**

May 12 to 17 A to I: J to R: May 19 to 24 S to Z: May 26 to 31

I'm glad they're doing it to better control access to the base. The more they do to protect me, the happier my wife is back home.

### **Cmdr. Henry Babin**

U.S. European Command

■ Registration hours are **9 a.m. to 5 p.m**.

- Registration for Patch, Panzer, RB and off-post residents will be conducted in the Patch Barracks Installation Access Control Office (building 2307).
- Kelley residents will register in the temporary IACO on Kelley Barracks (building 3315).

For more information call 430-4256/civ. 0711-680-4256 or e-mail arthur.williamson@stuapo.pmo.army.mil.

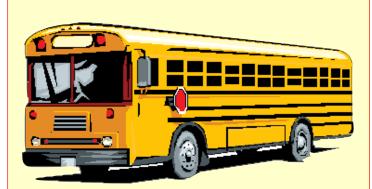
## **Motorcycle Safety Training**

Free one-day classes (April 10, 15 and 22) 8 a.m. to 4 p.m.

> To register e-mail dreizlerh@6asg.army.mil



## Traffic safety reminder



Though permissible under German law, the passing of buses on U.S. installations is **prohibited**.